



Apple Pie Bliss Balls

Equipment: Chopping board and grip Knife Cup and spoon measure Scales Tray to put them on Food processor	Ingredients: 1 cup activated almonds, roasted (I used The Almond Block AKA DJ's citrus almonds) 20 grams dried apple (Absojucely apple sell these) 1 tsp ground cinnamon 3 tablespoons honey (from as sweet as honey) 3 tablespoons almond butter- I make my own yet one can buy it at a supermarket) 1 tsp vanilla extract Pinch of salt.
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What to do:

1. Place the ingredients into your food processor and blend on a high speed until the mixture becomes crumbly yet sticky.
2. Shape the mixture into balls.
3. Place the balls in the fridge to set.
4. Serve. Eat. Enjoy.